

Easy course

1	Ryan Jamniuk	IND M21	14:55
2	Erin Weatherstone	OD W35	15:27

Long Score course

1	Alistair Powell	OD	350	39:45
2	Mark Rookledge	OD	310	45:11
3	Artur Fankidejski	UKS Wlo	310	48:40
4	Rupert Powell	OD	280	44:38
5	Stan Alexander	OD	240	45:14
6	David Jenkinson	LEI	210	39:59
7	Octavia Wisbey	OD	150	43:14
8	Rachel Alexander	OD	150	45:34
9	Stephen Stacey	IND	130	44:08
10	Anna Dettlaff	UKS Wlo	130	66:21

Short Score course

1	Don Locke	OD	100	26:14
2	John Bowman	OD	90	30:57
3	Thelma Spalton	OD	40	35:19
	Penny Rodgers	TVOC	60	dnf

No finish time