

## Easy course

1	Robert Brandon	OD M75	37:05
---	----------------	--------	-------

## Long course

1	Roger Thetford	TVOC M60	40:17
2	Mark Rookledge	OD M55	42:32
3=	Kin Wai Lee	HOC M35	44:46
3=	Tom Matthew	SROC M50	44:46
5	David Thacker	OD M45	46:30
6	Anne Straube	OD W50	51:09
7	George Simmons	OD M21	52:31
8	David Averill	SMOC M60	53:46
9	Helen Chiswell	DVO W45	53:52
10	Mykyta Chubynsky	OD M45	59:17
11	Ben Williams-Smith	OD M16	59:38
12	Stan Alexander	OD M70	64:13
13	Alun Roberts	BOF M65	65:22
14	Ka Man Leung	HOC W21	87:05

## Medium course

1	Bruce Bryant	OD M65	36:00
2	Liz Phillips	OD W60	36:53
3	David Jenkinson	LEI M60	37:18
4	Keith Willdig	OD M75	37:33
5	Jane Stew	OD W65	55:43
6	Margaret Willdig	OD W70	56:56
7	Bernard Calnan	TVOC M70	57:46
8	Rodney Hugo	OD M80	59:18
9	Janet Richardson	OD W75	59:37
10	Rew Francis	HOC M60	60:27
11	Chris Dwyer	OD M70	60:34
12	Jo White	LEI W50	61:31
13	John Bowman	OD M80	67:30
14	Rachel Alexander	OD W65	68:25
15	Sue Hallett	OD W75	68:55
16	Graham Urquhart	OD M70	79:34
17	Elodie Williams-Smith	OD W14	90:28
18	David Hugo	IND M60	92:09
19	John Ward	OD M80	97:00
	Elizabeth Urquhart	OD W70	rtd

*Missing nos 11-16,18-19*