

Long course

1	Ben Windsor	DRONG M21	27:32
2	Graham Pigott	POTOC M40	37:20
3	Amy Sarkies	OD W45	38:06
4	Ben William Smith		39:22
5	Mark Rookledge	OD M55	40:21
6	Lap On Leung	HOC M55	53:45
7	Philip Kirk	OD M65	73:23

Medium course

1	Richard Gardner	OD M70	34:34
2	Keith Willdig	OD M75	38:03
3	Bruce Bryant	OD M65	38:28
4	Liz Phillips	OD W60	40:58
5	David Jenkinson	LEI M60	47:52
6	Mike Hampton	OD M75	51:34
7	Jane Stew	OD W65	53:32
8	Margaret Willdig	OD W70	53:39
9	Rodney Hugo	OD M80	58:28
10	Janet Richardson	OD W75	61:02
11	Trevor Simpson	OD M85	66:23
12	Andrew C C TANG	OD M12	68:29
13	Sue Bicknell	LEI W80	69:34
14	Chris Dwyer	OD M70	69:38
15	Sue Hallett	OD W75	70:05
16	Graham Urquhart	OD M70	72:29
17	Angela Large	IND W50	87:07
18	Karin Kirk	OD W75	87:10
19	Melanie Elkington	OD W60	97:33
mp	Elizabeth Urquhart	OD W70	73:29

Missing nos 15-17

Dorothy Windsor dnf

No finish time

Hilary Simpson OD W85 rtd

Missing nos 13-16

Zuzana Windsor DRONG W21 rtd

Missing nos 7-19

Easy course

1	Oscar Brown	M12	21:56
2	Daniel C N TANG	OD M10	27:15
3	Andy Williams	OD M50	27:34
4	Felix Brown	IND M10	28:28
5	bob brandon		50:37
6	Teo van den Bergh		59:39
7	Clive Wrench	TVOC M80	69:23
8	Oscar Cheung	IND M12	???:??