

Come and Try Orienteering!

Individuals and families of all ages are welcome to come along to experience this fun outdoor adventure sport. In partnership with Octavian Droobers, free 'Score 45' events are taking place at Elmdon Park and Babbs Mill.

Participants can walk or run around the course, individually or in groups, using a map to navigate the trail, a bit like a treasure hunt.

What is Score 45? Collect as many controls as you can within 45 minutes. Score points for each control visited but remember to get back to the finish within the time limit!



Full instructions will be given by local orienteering club members.

Elmdon Park - Saturday 3rd August 2024, 1-3pm

Registration Point: Car park located by Elmdon Church, B92 9EJ. Start by 2.15pm.

Babbs Mill Park - Saturday 14th September 2024, 1-3pm

Registration Point: Car park located on Fordbridge Road, B37 6NJ. Start by 2.15pm.

For further information visit <u>www.solihullonthemove.co.uk/get-moving/walking-in-</u><u>solihull/walking-sports-orienteering</u> or call Solihull Active 0121 704 8207



