

# **Orienteering at Coombe Abbey Country Park**

## **WML & Yvette Baker Trophy Heat**

**Sunday 24 March 2024 Start times 10:30 to 12:30**

**A WM League (Level C) event at Coombe Abbey Country Park, including Yvette Baker Trophy Heat** suitable for everyone from the absolute beginner (help and advice available) to the experienced orienteer.

**Location :** Coombe Abbey Country Park, Brinklow Road, Binley, Coventry CV3 2AB

**OS grid reference** [\*\*SP 404790\*\*](#)

**what3words::** car park at [\*\*///corded.distracts.cases\*\*](#)

**Signed:** from Brinklow Road

**Car parking:** Main public car park located to the right of the main entrance drive. Parking charges apply – 1-2 hours £3.00, 2-4 hours £3.50 – there are 4 pay points, 3 are cashless, 1 in the visitor centre accepts payment by cash and card. [Coombe Abbey Park – Coventry City Council](#)

**Assembly:** at the north end of the car park.

Entry on the Day Registration, Enquiries, Download.

Toilets are in the visitor centre – on the exterior of the building. This is on the way to the start.

The WMOA Junior Squad will be selling cakes. There is also a café in the visitor centre.

**Start:** 500 m from the edge of the car park

**Finish:** 300 m from the car park

Walking to the Start will pass the Finish.

**Start times: 10:30 to 12:30**

**All courses will close at 2:00pm, and control collection will begin immediately.**

**Late Pre-entry:** via [\*\*https://www.fabian4.co.uk/\*\*](https://www.fabian4.co.uk/)

**Enter by Friday 22 March.** Pre-entry for some courses may become restricted by the availability of printed maps.

**Senior British Orienteering member £12 (Non-Member £14)**

**Juniors £4** (including full-time students)

**SI card hire £1** (Non SIAC)

**EOD (Entry on the Day)**

Some courses may be restricted by the availability of printed maps, but we do print extra maps for courses suitable for newcomers.

**Senior British Orienteering member £12 (Non-Member £14)**

**Juniors £4** (including full-time students)

**SI card hire £1** (Non SIAC)

**Courses – White to Blue**

\*WML “Brown” competitors should enter the Blue

## Final Course details: *(updated 18/03/24, maps sent for printing)*

Course	Distance	Climb	Controls
White	1.5km	5 m	13 controls (text descriptions)
Yellow	1.8 km	5 m	11 controls (text descriptions)
Orange	2.4 km	20 m	12 controls
Light Green	3.4km	30 m	15 controls
Short Green	3.5km	25 m	15 controls
Green	5.3 km	40 m	23 controls
Blue	7.5 km	60 m	26 controls (double-sided map)

### Map and Course notes:

All maps are printed at 1:7,500 scale with a 2.5-metre contour interval. Magnetic North: 2022. All maps are printed on waterproof paper.

Separate control description sheets will be available in the Start Box. White and Yellow courses have text control descriptions, all other courses have pictorial control descriptions.

Coombe Abbey has recently been updated in many areas by Bruce Bryant. In a few areas, you may encounter differences in details such as the density of vegetation. The public nature of Coombe Abbey can result in some paths that regularly appear and disappear. Only the most significant paths have been mapped.

Competitors are reminded to check their control codes and descriptions carefully before punching.

The popularity of Coombe Abbey amongst families etc. should result in a low risk from “stranger danger” but parents of juniors running alone should remind them that, if concerned about anyone they encounter on their course, they should abandon their run immediately and run to either the start or finish (whichever is closer), or Go Ape (which is within the park) to seek help.

### Course Specific Information:

White course competitors will be assisted in navigating on their course by the placement of happy face and sad face markers. The background colour of these markers is irrelevant. **Happy and sad faces ONLY apply to the White course.**

Green and Blue courses cross one internal park road. This road is an access road to the hotel car park and is lightly used. Care should be taken when crossing the road and competitors should not run on the road.

**Safety Bearing: - if lost head east and ask for directions to the main car park.**

### Officials:

- Planner – David Lawson
- Organiser – Vivianne Lawson – [vivianne.lawson@gmail.com](mailto:vivianne.lawson@gmail.com)
- Controller – Barry Houghton (HOC)

### Safety and Risk:

A risk assessment will have been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety during the event. If you have a high-risk medical condition of which you want organisers to be aware of, please leave details at enquiries in a sealed envelope with your name on it. Medical Forms and envelopes will be available. Envelopes will only be opened if required for a medical emergency. Unopened envelopes should be collected after the event. Any unclaimed envelopes will be destroyed after the event.

An emergency number for the day is printed on the map. First aid and details of the nearest A&E hospital will be available in the assembly area.

**COVID:** Please do not come if you have symptoms of Covid-19 or suspect you may have it.

### Photography:

British Orienteering has an agreed national guidance policy on the taking of photographs at events. If you are unsure about the agreed acceptable practice, please speak to the event organiser.

### Privacy & Personal Data:

When entering events your personal details (name, age, gender, club) will appear in the results section on this website. It may also be used to trace missing runners and hired SI cards.

Please check which course you want to run before entering.

### WMOA League Class / Course allocations:

<b>Men:</b>				<b>Women:</b>			
Course	Technical Difficulty	M Classes Long	M Classes Short	Course	Technical Difficulty	W Classes Long	W Classes Short
White	TD1		10	White	TD1		10
Yellow	TD2	10	12	Yellow	TD2	10	12
Orange	TD3	12	14 70 75 80 85 90	Orange	TD3	12	14 60 65 70 75 80 85 90
Light Green	TD4	14	16	Light Green	TD4	14	16
Short Green	TD5	70 75 80 85 90	60 65	Short Green	TD5	60 65 70 75 80 85 90	40 45 50 55
Green	TD5	16 60 65	18 45 50 55	Green	TD5	16 40 45 50 55	18 20 21 35
Blue	TD5	18 45 50 55	20 21 35 40	Blue	TD5	18 20 21 35	
*Brown	TD5	20 21 35 40					

## Yvette Baker Trophy Heat Course allocations/eligibility:

Course Colour	Permitted runners
Yellow	<p>Any Junior M/W10 or under</p> <p>Any M/W12 who has not gained a Gold badge time in the M/W10 age class (or higher) in the competitions listed below</p> <p>Any M/W14 who has not gained a Gold badge time in the M/W10 age class (or higher) in the competitions listed below.</p> <p>Any M/W 12 or 14 who has not finished within 125% of the winner of the respective M or W class on the Yellow, Orange, Light Green or Green course at any previous Yvette Baker Trophy Final</p> <p>See note below regarding competitors running in pairs</p>
Orange	<p>Any junior M/W12 or under</p> <p>Any M/W14 who has not ever gained a Gold badge time in M/W12 age class (or higher) in the competitions listed below.</p> <p>Any M/W16 who has not ever gained a Gold badge time in M/W12 age class (or higher) in the competitions listed below.</p> <p>Any M/W18 who has not ever gained a Gold badge time in M/W12 age class (or higher) in the competitions listed below.</p> <p>Any M/W 14, 16 or 18 who has not finished within 125% of the winner of the respective M or W class on the Orange, Light Green or Green course at any previous Yvette Baker Trophy Final.</p>
Light Green	<p>Any junior M/W14 or under</p> <p>Any M/W16 who has not ever gained a Gold badge time in M/W14 age class (or higher) in the competitions listed below.</p> <p>Any M/W18 who has not ever gained a Gold badge time in M/W14 age class (or higher) in the competitions listed below.</p> <p>Any M/W 16 or 18 who has not finished within 125% of the winner of the respective M or W class on the Light Green or Green course at any previous Yvette Baker Trophy Final.</p>
Green	Any Junior M/W18 or under

Listed competitions for the previous year are:

- British Long Distance Championships
- JK Day 2
- JK Day 3
- Northern Championships
- Midland Championships
- Southern Championships

Pairs are permitted to compete on the Yellow course, subject to the following:

- They must stay together and cross the finishing line together
- If a pair contains two different ages categories they are treated as though they are in the older age category
- If a pair contains a boy and a girl they are treated as though they are in the boy's category in the age class of the older of the pair
- Neither member of the pair is to have achieved a Gold standard at any of the competitions listed in the section above.

It is expected that clubs will only want to run pairs to enable novices to participate, and that clubs will observe the spirit of this rule. Competitors should be able to run on a course appropriate to their ability rather than just their age.

Competition rules for the Yvette Baker Trophy can be found at: [BOF Rules 2003 \(britishorienteering.org.uk\)](http://britishorienteering.org.uk/BOF_Rules_2003)