Burton Dassett Country Park Wednesday 21st of August

CV47 2AB GR SP395522 on sheet 151

Travel

From J12 on the M40 take the B4451 to Gaydon. Turn left onto the B4100 Warwick to Banbury Rd . The country park is signposted from this road three miles south of Gaydon. Registration will be in the northern car park near the beacon so if coming up the hill turn first left , just past the toilet block where the road bends to the right. If the first car park is full there is parking further along. Pay and display £2.50 all day , if the meters are working.

Time

Registration and starts for the short and medium courses 6.30 to 7.30 Courses close 8.30

Please see below for details of the long course - start time 7.10

Courses and Start Times

Short - 1.6km, 14 controls, TD2.

Medium - 2.9km, 18 controls. Mainly TD3, a few TD4 controls in the more complex contour area.

Neither of these courses cross the main road through the park , the medium does cross a minor road to a car park.

Long - 5.4km , 29 controls - TD4. **This will have a mass start at 7.10 see below for details -** It does cross the main road through the country park.

The terrain is mainly open grassland with small areas of wood and some complex contour features, some steep hills with up to 30m of ascent.

Entries

On the day, £5, £1 for EMIT hire

Long Course - Mass start

For a change the long course will have a mass start. The aim is to get everybody who wants to run this registered by 7pm for a start at 7.10.

The course has butterfly loops which will be run in different orders to break up the runners, there are 36 map variants, you will visit 2 controls 4 times each.

You will be directly racing your competitors, first across the finish line wins. Encourage your arch rivals to come along and race them.

Further details including timing will be available on the day.

Late arrivals will still be able to run individually but will not be classified with those who started together.

Planner/Organiser - Mark Rookledge, <u>markrookledge@mac.com</u> - I could probably do with some help at registration if anybody is available.